



HOUSE OF FREEDOM

2026 The Year of SHIFT

Day One: Shift Your Foundation

Scripture Reading

1 Thessalonians 1:1–10

Key Verse

"...your work produced by faith, your labor prompted by love, and your endurance inspired by hope in our Lord Jesus Christ." — 1 Thessalonians 1:3

Devotional

Every building tells a story, but the most important part of the story is the part no one sees.

People admire beautiful homes, towering skyscrapers, and magnificent churches, yet what keeps them standing is hidden beneath the surface. The foundation is unseen, but it determines whether the structure will withstand storms, shifting ground, and the passing of time.

The same is true of our spiritual lives.

As we begin this week of prayer and fasting, it is tempting to ask God to shift our circumstances—to open doors, answer prayers, provide healing, restore relationships, or create new opportunities. Those are good prayers. God invites us to bring every request before Him.

Yet Paul begins his first letter to the Thessalonian church by focusing on something deeper than circumstances. Before speaking about future hope or correcting misunderstandings, he reminds them of what already marks their lives:

Their faith was active, Their love was sacrificial, Their hope was steadfast.

These believers were living under pressure. Many had faced rejection and persecution because of their faith. Life was not easy, but Paul did not measure their spiritual health by the absence of hardship. He measured it by what hardship revealed.



Storms reveal foundations.

Jesus taught the same truth in Matthew 7 when He spoke of two builders. Both built houses. Both experienced the same rain, the same winds, and the same floods. The difference was not the storm—it was the foundation. One house stood because it was built on the rock.

Perhaps that is the first shift God wants to accomplish in us this year.

Before He changes what surrounds us, He desires to strengthen what supports us.

At House of Freedom, we have declared this the Year of SHIFT. A biblical shift is not merely about moving into something new. It is about becoming the kind of people who can faithfully steward what God is bringing.

Sometimes we ask God to enlarge our lives while neglecting the foundation beneath them.

We pray for greater influence but neglect intimacy with Christ.

We desire bigger opportunities but ignore daily obedience.

We seek breakthrough while overlooking spiritual disciplines.

God often prepares us before He promotes us.

Consider the church in Thessalonica. Paul says their faith had become known everywhere (1 Thessalonians 1:8). Their testimony spread because their foundation remained secure despite opposition.

A weak foundation seeks comfort, A strong foundation seeks Christ.

Fasting provides an opportunity to examine that foundation honestly. It removes distractions and exposes what truly satisfies us. Hunger has a way of revealing where we instinctively turn for comfort. When we choose to seek God first, we are declaring that He is our source, our strength, and our satisfaction.

This first day is not about asking, "God, what are You changing around me?"

Instead, ask, "Lord, what are You strengthening within me?"

Perhaps your faith has become routine.

Perhaps prayer has become occasional.

Perhaps disappointment has weakened your hope.



Perhaps busyness has crowded out your first love.

The good news is that God does not expose weak foundations to condemn us. He reveals them because He desires to rebuild them.

Throughout this week, allow the Holy Spirit to inspect every corner of your heart.

A lasting shift always begins below the surface.

Reflection Questions

1. What is my spiritual life truly built upon?
2. When pressure comes, what do I naturally run to first?
3. How are faith, love, and hope currently evident in my daily life?
4. Is there an area where God is inviting me to deepen my foundation?
5. What distractions have weakened my intimacy with Christ?

Take a few moments to write down what the Holy Spirit is showing you today.

Prayer

Heavenly Father,

Thank You for inviting me into Your presence as I begin this fast. Before You shift my circumstances, shift my heart. Search me and reveal anything that has become unstable or misplaced. Strengthen the foundation of my faith so that I may stand firm regardless of what comes my way.

Teach me to trust You more deeply than I trust my own understanding. Let my love for You overflow into love for others. Restore the hope that only comes from knowing Christ.

As House of Freedom walks through this Year of SHIFT, may we not simply desire change—we desire transformation. Build us upon the unshakable foundation of Your Word so that whatever You call us to, we will be ready.

In Jesus' name,

Amen.



DAY TWO: SHIFT YOUR INFLUENCE

A Life That Pleases God Will Always Impact Others

Scripture Reading

1 Thessalonians 2:1-12

Key Verse

1 Thessalonians 2:12

"That you would walk worthy of God who calls you into His own kingdom and glory."

Devotional

Influence is something every person carries.

Whether we realize it or not, our lives are speaking. Our words, our actions, our reactions, and our choices are communicating something to the people around us.

The question is not whether we have influence.

The question is:

What kind of influence are we having?

When Paul wrote to the church in Thessalonica, he reminded them not only of the message they received but also of the example they witnessed.

Paul said:

"You know what kind of people we were among you for your sake."

(1 Thessalonians 1:5)

The Thessalonians did not just hear the Gospel from Paul; they saw the Gospel lived through Paul.

This is one of the greatest challenges of following Christ: people are not only listening to what we say about Jesus—they are watching how we live for Jesus.



Influence Begins With Motives

Paul explained that his ministry was not driven by selfish ambition.

He wrote:

"We are not trying to please people but God, who tests our hearts."
(1 Thessalonians 2:4)

A powerful shift happens when we move from living for the approval of people to living for the approval of God.

When people become our focus, we become controlled by opinions.

We change depending on who is watching.

We compromise depending on who is around.

We measure success by acceptance instead of obedience.

But when God becomes our focus, our lives become consistent.

We don't serve because we are noticed.

We don't love because we are appreciated.

We don't obey because it is convenient.

We do it because our hearts belong to God.

Influence Is Built Through Integrity

Paul reminded them that he did not come with deception, manipulation, or hidden motives.

His life matched his message.

That is what makes spiritual influence powerful.

A person can have talent without character.

A person can have gifts without maturity.

A person can have a platform without a foundation.

But God is looking for people whose private life and public life agree.

The greatest testimony is not what we do when everyone is watching.

It is who we are when only God sees.



The Shift God Wants to Make

At House of Freedom, this Year of SHIFT is not only about where God is taking us; it is about who we are becoming along the way.

God wants to shift us from:

Consumers to contributors.

Not simply receiving from God, but becoming a vessel God can use.

Spectators to servants.

Not watching what God is doing, but participating in His work.

People seeking influence to people carrying influence.

The world often defines influence by popularity, position, or recognition.

The Kingdom defines influence by faithfulness.

Jesus said:

"Whoever wants to become great among you must be your servant."
(Matthew 20:26)

Kingdom influence is not about being above people.

It is about serving people.

Shift Moment

Your greatest influence may happen in places where you are not recognized but where you are faithful.

Your family sees your faith.

Your coworkers see your character.

Your friends see your consistency.

Your community sees your example.

You may never know how many people are encouraged because you chose to live for Christ.



Reflection Questions

1. What kind of influence does my life currently have on those around me?
2. Am I more concerned with pleasing people or pleasing God?
3. Does my private life reflect the same faith I show publicly?
4. Where is God calling me to serve instead of simply receive?
5. Who has God placed around me that I can influence for His Kingdom?

Prayer

Father,

Thank You for allowing my life to be a testimony of Your grace. Shift my heart from seeking recognition to seeking obedience. Remove anything in me that desires attention more than transformation.

Help me represent You well in my home, my church, my workplace, and my community.

Make House of Freedom a church whose influence is not built on reputation, but on faithfulness. Let our lives point people toward Jesus.

May we become a people who do not just speak about freedom but demonstrate the freedom found in Christ.

In Jesus' name,
Amen.

Fasting Focus

Today, ask God to reveal how you influence others.

During your prayer time, ask:

"Lord, does my life make it easier for people to see You?"

Look for one opportunity today to encourage, serve, or bless someone without expecting anything in return.



DAY THREE: SHIFT YOUR WALK

God Is Not Only Concerned With Where You Are Going, But How You Walk With Him Along the Way

Scripture Reading

1 Thessalonians 3:6-13 and 1 Thessalonians 4:1-12

Key Verse

1 Thessalonians 4:1

"We instructed you how to live in order to please God, as in fact you are living. Now we ask you and urge you in the Lord Jesus to do this more and more."

Devotional

A journey is measured not only by the destination but by the way we travel.

Two people can arrive at the same place, but their experiences along the way can be completely different. One may have walked with purpose, growing stronger with every step. Another may have wandered, struggled, and resisted the process.

The Christian life is a walk.

Throughout Scripture, we are reminded that following Jesus is not simply about making a decision one day—it is about daily walking with Him.

The church in Thessalonica had experienced a powerful beginning. They had received the Gospel, turned from idols, and committed their lives to Christ. But Paul understood something important:

A strong beginning does not guarantee a strong finish.

Every believer must continue growing.

That is why Paul encouraged them to continue walking in a way that pleased God.



Growing Through Every Season

Paul wrote:

"May the Lord make your love increase and overflow for each other and for everyone else."

(1 Thessalonians 3:12)

Notice Paul's prayer.

He did not pray that they would become more comfortable.

He did not pray that they would face fewer challenges.

He prayed that they would grow in love.

Why?

Because spiritual maturity is not measured by how much we know. It is measured by how much we become like Christ.

A person can know Scripture and still struggle to show grace.

A person can attend church and still hold bitterness.

A person can speak about faith and still walk in fear.

God is always working to bring our lives into alignment with His heart.

The shift God desires is not only a change in what we do.

It is a transformation of who we are.

Shift Toward Holiness

In chapter four, Paul speaks clearly about living a life that honors God.

He writes:

"It is God's will that you should be sanctified."

(1 Thessalonians 4:3)

Sanctification means being set apart for God.

Holiness is not about trying to become better than others.

Holiness is about becoming more like Christ.

It is allowing God to change our thoughts, our attitudes, our words, our relationships, and our desires.



The world tells us freedom means having no boundaries.

God shows us that true freedom comes when we live according to His design.

A fish is not free when it leaves the water.

A fish thrives when it remains where it was created to live.

In the same way, we experience true freedom when we walk according to God's purpose.

The Danger of Stopping the Process

Paul says something powerful:

"Do this more and more."
(1 Thessalonians 4:1)

There is always room to grow.

No matter how long we have followed Christ, God is still shaping us.

We never arrive at a place where we no longer need correction, growth, or transformation.

The greatest danger in our spiritual journey is not failure.

The greatest danger is becoming satisfied with where we are.

A person who stops growing begins to drift.

A person who stops seeking begins to settle.

But God has more.

There is more maturity.

More love.

More freedom.

More purpose.



The Shift God Wants to Make

During this Year of SHIFT at House of Freedom, God is calling us to examine our walk.

Not just:

“Do I believe in Jesus?”

But:

“Am I becoming like Jesus?”

The shift is from:

Knowing about God → Walking with God

Following Christ occasionally → Following Christ daily

Being changed temporarily → Being transformed continually

God is not looking for perfect people.

He is looking for surrendered people.

People who allow Him to continue His work.

Shift Moment

A true spiritual shift is revealed by the direction of your walk.

Every step matters.

Every decision matters.

Every moment of obedience matters.

You may not see the growth happening day by day, but if you continue walking with God, He is faithfully transforming you.

Reflection Questions

1. Am I continuing to grow spiritually, or have I become comfortable?
2. What area of my life is God asking me to surrender to Him?
3. Does my daily walk reflect my relationship with Christ?
4. What does holiness look like in my current season?
5. What is one practical step I can take to walk closer with God?



Prayer

Father,

Thank You for the work You are doing in my life. I surrender my walk to You. Continue shaping my heart, my thoughts, my actions, and my desires.

Help me not to become comfortable where I am, but to continue growing in my relationship with You.

Teach me to walk in holiness—not out of obligation, but because I love You and desire to honor You.

During this Year of SHIFT at House of Freedom, make us a people who walk closely with You and reflect Your character everywhere we go.

In Jesus' name,
Amen.

Fasting Focus

Today, focus on surrender.

Ask the Lord:

“What part of my walk with You needs to become stronger?”

Spend time reading 1 Thessalonians 4:1-12 slowly. Allow God to reveal areas where He is calling you deeper.



DAY FOUR: SHIFT YOUR HOPE

When Our Hope Is Anchored in Christ, We Can Stand Firm in Any Season

Scripture Reading

1 Thessalonians 5:1-28

Key Verse

1 Thessalonians 5:16-18

"Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus."

Devotional

Hope is one of the greatest strengths a person can have.

Hope gives us the ability to keep moving when circumstances are difficult. Hope gives us courage when the future is uncertain. Hope reminds us that what we see today is not the complete story.

But not all hope is the same.

The world often defines hope as wishful thinking:

"I hope things get better."

"I hope this works out."

"I hope tomorrow is different."

Biblical hope is different.

Biblical hope is not built on what might happen.

It is built on who God is.

The believers in Thessalonica were living through uncertainty. They had questions about the future, about suffering, and about the return of Christ. Paul did not respond by giving them a life free from challenges.

Instead, he reminded them of the hope they already possessed.

Their hope was Jesus.



Hope Changes How We Live Today

Many people think hope is only about the future.

They think hope is something we need when life is difficult.

But Paul shows us that hope impacts our everyday lives.

Because we know Christ is coming again, we live differently now.

Hope changes our priorities.

Hope changes our perspective.

Hope changes our response to difficulties.

A person without hope is controlled by what is happening around them.

A person with hope is anchored by what God has promised.

The storms may still come, but the foundation remains.

Rejoice, Pray, Give Thanks

Paul gives three instructions that seem simple but are incredibly powerful:

Rejoice always.

This does not mean we pretend everything is easy.

Christian joy is not the denial of pain.

It is the confidence that God is present in the middle of our pain.

Pray continually.

Prayer is not just something we do during emergencies.

Prayer is a relationship.

It is staying connected to the One who gives strength, wisdom, and peace.

Give thanks in all circumstances.

Paul does not say give thanks *for* every circumstance.

Some things we experience are painful.

Some seasons are difficult.

But we can give thanks *in* every circumstance because God is still faithful.



A Shift From Fear to Faith

Fear has a way of shrinking our vision.

Fear makes us focus on what we cannot control.

Fear causes us to forget what God has already done.

But hope shifts our focus.

Hope reminds us: God is still working, God is still faithful, God is still in control.

The enemy wants believers to live anxious about tomorrow.

God calls us to live confident in Him today.

The Shift God Wants to Make

During this Year of SHIFT at House of Freedom, God is calling us to shift:

From worry to worship.

Instead of constantly carrying what we cannot control, we surrender it to God.

From anxiety to assurance.

Instead of being controlled by uncertainty, we stand on God's promises.

From focusing on temporary circumstances to eternal purpose.

Our hope is not found in things getting easier.

Our hope is found in knowing Christ is with us.

Hope in the Waiting

Sometimes the hardest place to maintain hope is in the waiting.

We pray, but the answer does not come quickly.

We believe, but the situation does not immediately change.

We trust, but the door does not open yet.

The Thessalonians understood waiting.

But Paul reminded them that waiting does not mean God is inactive.

God is working even when we cannot see it.

A seed underground appears to be doing nothing, but something is happening beneath the surface.

Never confuse waiting with abandonment.

God is still moving.



Shift Moment

Hope is not built by knowing what tomorrow holds. Hope is built by knowing who holds tomorrow.

Your confidence is not in circumstances changing.

Your confidence is in a God who never changes.

Reflection Questions

1. What has been affecting my hope lately?
2. Am I placing my confidence in circumstances or in Christ?
3. What fears do I need to surrender to God?
4. How can I practice rejoicing, praying, and giving thanks daily?
5. What promise from God do I need to stand on during this season?

Prayer

Father,

Thank You that my hope is not dependent on what I see, but on who You are. When circumstances are uncertain, remind me that You remain faithful.

Shift my heart from fear to faith, from worry to worship, and from anxiety to confidence in Your promises.

Teach me to rejoice, pray, and give thanks even in difficult seasons. Let my life be a testimony that my hope is found in Christ alone.

As House of Freedom continues through this Year of SHIFT, make us a people who carry hope into every situation and every place You send us.

In Jesus' name,

Amen.

Fasting Focus

Today, focus on surrendering fear and uncertainty.

Ask the Lord:

“What fear is keeping me from fully trusting You?”

Write down the things that worry you and intentionally place them before God in prayer.



DAY FIVE: SHIFT YOUR CONFIDENCE

“When God Is Your Source, Trials Cannot Take Away Your Strength”

Scripture Reading

2 Thessalonians 1:1-12

Key Verse

2 Thessalonians 1:3

"We ought always to thank God for you, brothers and sisters, and rightly so, because your faith is growing more and more, and the love all of you have for one another is increasing."

Devotional

Everyone faces seasons that test their confidence.

There are moments when life feels uncertain, prayers seem unanswered, and the road ahead appears unclear. In those moments, it becomes easy to measure God's faithfulness by our circumstances.

But the church in Thessalonica teaches us a different lesson.

Their confidence was not built because life was easy.

Their confidence was built because they knew God was faithful.

Paul begins his second letter by encouraging believers who were experiencing suffering and persecution. Instead of telling them that their struggles meant God had forgotten them, Paul reminded them that God was still working.

Their difficulties were not evidence of God's absence.

Their endurance was evidence of God's presence.



Faith That Grows Through Pressure

Paul says:

"Your faith is growing more and more, and the love all of you have for one another is increasing."

Notice what Paul celebrates.

He does not celebrate that they had avoided hardship.

He celebrates that hardship had not destroyed their faith.

Pressure reveals what is inside.

A storm does not create the foundation of a house; it reveals the strength of the foundation that already exists.

In the same way, trials reveal where our confidence is truly placed.

When everything is going well, it is easy to say we trust God.

But when life becomes difficult, our foundation is tested.

Will we still trust when we do not understand?

Will we still worship when we do not see the answer?

Will we still believe when the process takes longer than expected?

A growing faith is not a faith that never struggles.

A growing faith is a faith that continues to hold on to God.

God Sees Your Faithfulness

One of the most powerful reminders in this chapter is that God sees.

The Thessalonians were suffering, but their suffering was not ignored.

God saw their endurance.

God saw their faithfulness.

God saw their commitment.

Sometimes we become discouraged because people do not notice what we are doing.

People may not see the prayers you pray.

People may not see the sacrifices you make.

People may not understand the battles you fight. But God sees.

Nothing done in faithfulness before God is ever wasted.



Confidence Comes From Knowing Who God Is

Our confidence is not found in our ability to control everything.

Our confidence is found in the character of God.

God is just, God is faithful, God is present, God is working.

When we know who God is, we can face what comes against us.

The enemy wants trials to convince us that we are alone.

God uses trials to reveal that we are dependent on Him.

The Shift God Wants to Make

During this Year of SHIFT at House of Freedom, God is calling us to shift:

From confidence in ourselves to confidence in Christ.

Our strength has limits, but God's strength does not.

From asking "Why is this happening?" to asking "God, what are You producing through this?"

Every season can shape us when we surrender it to God.

From surviving trials to growing through trials.

God does not waste difficult seasons.

He uses them to deepen our faith and strengthen our character.

The Purpose of the Process

Many people want the promise but do not want the process.

But God often develops us through what we endure.

Joseph had a dream, but he also had a pit and a prison.

David was anointed king, but he still had years of preparation.

Jesus was the Son of God, yet He walked through the wilderness before stepping into public ministry.

The process is not punishment.

The process is preparation.

God is building something in you that is greater than what you are currently facing.



Shift Moment

A trial does not mean God has left you. Sometimes the greatest evidence of God's work is the strength He gives you to stand.

Your confidence is not in a trouble-free life.

Your confidence is in a faithful God.

Reflection Questions

1. What circumstances have challenged my confidence in God?
2. What has God taught me through difficult seasons?
3. Am I trusting God's process, or only looking for quick answers?
4. Where do I need to rely more on God's strength instead of my own?
5. How can my endurance encourage someone else?

Prayer

Father,

Thank You that my confidence does not come from my circumstances but from Your faithfulness. When life becomes difficult, remind me that You are still working.

Strengthen my faith when I feel weak. Help me continue walking with You when the path is uncertain. Use every season to grow me, shape me, and draw me closer to You.

During this Year of SHIFT at House of Freedom, make us a people whose confidence is unshakable because it is rooted in Christ.

Let our faith grow, our love increase, and our lives bring glory to Your name.

In Jesus' name,

Amen.

Fasting Focus

Today, focus on trusting God in areas where you feel pressure or uncertainty.

Ask the Lord:

"What is this season producing in me?"

Instead of only praying for God to remove the challenge, pray for God to strengthen you through it.



DAY SIX: SHIFT YOUR DISCERNMENT

A Firm Foundation Requires a Clear Understanding of Truth

Scripture Reading

2 Thessalonians 2:1-17

Key Verse

2 Thessalonians 2:15

"Therefore, brothers and sisters, stand firm and hold fast to the teachings we passed on to you, whether by word of mouth or by letter."

Devotional

One of the greatest challenges believers face is not simply knowing what is true —it is remaining grounded in truth when everything around us is changing.

The church in Thessalonica was experiencing confusion about the future. They had received teaching about the return of Christ, but false messages and misunderstandings had created fear and uncertainty.

Paul writes to bring correction, clarity, and confidence.

He does not want them to live in fear.

He wants them to stand firm.

This chapter reminds us of an important truth:

A believer who does not know the truth will be vulnerable to confusion.

The enemy has always used deception to distract people from God's purpose. From the beginning in the Garden of Eden, the enemy questioned God's Word and attempted to create doubt.

The strategy has not changed.

If the enemy cannot destroy your faith, he will attempt to distort your understanding of God.



The Danger of Spiritual Confusion

Paul tells them:

"Do not become easily unsettled or alarmed."

(2 Thessalonians 2:2)

Notice that Paul does not deny that troubling things will happen.

He does not tell them that challenges will disappear.

Instead, he teaches them how to remain steady when uncertainty comes.

Fear often grows when we lose perspective.

When we focus only on what is happening around us, we can forget who is above us.

When we listen to every voice except God's voice, confusion begins to replace confidence.

This is why spiritual discernment is so important.

Discernment is not simply knowing right from wrong.

Discernment is the ability to recognize what aligns with God's truth and what does not.

Standing Firm in the Word

Paul's answer to confusion was not speculation.

It was truth.

He told them:

"Stand firm and hold fast to the teachings."

The foundation of our lives cannot be built on opinions, emotions, trends, or popular voices.

It must be built on the Word of God.

Culture changes, Opinions change, People change, But God's truth remains.

The person who knows the voice of God will not be easily moved by every other voice.

Jesus said:

"My sheep hear My voice, and I know them, and they follow Me."

(John 10:27)

The closer we walk with God, the more clearly we recognize His voice.



Freedom Requires Truth

As House of Freedom, we understand that freedom is connected to truth.

Jesus said:

"You will know the truth, and the truth will set you free."

(John 8:32)

True freedom is not found in doing whatever we want.

True freedom is found in knowing what is true and living according to God's design.

The enemy brings confusion because confusion creates bondage.

But God's truth brings clarity.

God's Word brings direction.

God's Spirit brings wisdom.

The Shift God Wants to Make

During this Year of SHIFT, God is calling us to shift:

From being influenced by every voice to being anchored in God's voice.

Not everything that sounds spiritual is from God.

Not every opportunity is God's direction.

Not every feeling is God's leading.

We must learn to test, pray, and seek wisdom.

From fear to confidence.

The Thessalonians were worried about the future, but Paul reminded them that God had not lost control.

We do not have to fear what we do not understand when we trust the One who knows all things.

From information to transformation.

Knowing more is not the goal.

Becoming more like Christ is the goal.



Standing Firm in a Shifting World

The world around us is constantly shifting.

Values shift, Culture shifts, Generations shift.

But God's people are called to stand.

Standing firm does not mean refusing to grow.

It means remaining anchored while everything else moves.

A tree survives storms because its roots go deeper than the storm can reach.

In the same way, believers remain strong when their roots are planted in Christ.

Shift Moment

The deeper your roots go into God's truth, the less you will be moved by the confusion around you.

Do not allow the noise of the world to drown out the voice of God.

Reflection Questions

1. What voices influence me the most?
2. Am I spending enough time in God's Word to recognize truth?
3. Where have fear or confusion affected my faith?
4. What truth from Scripture do I need to hold onto in this season?
5. How can I grow in spiritual discernment?

Prayer

Father,

Thank You for being a God of truth and clarity. In a world filled with confusion, help me remain anchored in Your Word.

Give me discernment to recognize what is from You and wisdom to reject what pulls me away from Your purpose.

Remove fear from my heart and replace it with confidence in Your promises. Help me stand firm, hold fast, and walk faithfully with You.

During this Year of SHIFT at House of Freedom, make us a people rooted in truth, guided by Your Spirit, and established in Christ.

In Jesus' name,

Amen.



DAY SEVEN: SHIFT YOUR PURPOSE

God's Shift Is Not Just About Where He Takes You, But What He Does Through You

Scripture Reading

2 Thessalonians 3:1-18

Key Verse

2 Thessalonians 3:13

"And as for you, brothers and sisters, never tire of doing what is good."

Devotional

Every journey with God has a purpose.

God does not simply rescue us from something; He calls us into something.

He does not set us free so we can remain where we were.

He sets us free so we can become who He created us to be.

As we come to the final day of this fast, Paul's final words to the Thessalonian church bring everything together. Throughout both letters, he has challenged them to stand firm, grow in faith, walk in holiness, live with hope, endure through difficulty, and remain anchored in truth.

Now he reminds them of their purpose:

Keep going. Keep serving. Keep doing what is right.

A God-ordained shift always leads us toward greater purpose.

A Life That Keeps Moving Forward

Paul writes:

"May the Lord direct your hearts into God's love and Christ's perseverance."

(2 Thessalonians 3:5)

This is a powerful prayer because Paul understands that our ability to continue does not come from our own strength.

We need God to direct our hearts.

Our emotions can change.



Our circumstances can change.

Our energy can change.

But God's love and Christ's perseverance sustain us.

There will be moments when doing the right thing feels difficult.

There will be moments when serving others feels unnoticed.

There will be moments when faithfulness feels tiring.

Paul reminds the church:

Do not quit, Do not grow weary, Do not stop doing good.

Freedom Has a Purpose

The name House of Freedom carries a powerful reminder.

Freedom is not the absence of responsibility.

Freedom gives us the ability to fulfill our purpose.

A prisoner is limited by chains.

But when those chains are removed, the person is not simply free to wander.

They are free to build, create, serve, love, and live.

In Christ, we have been set free from sin, fear, shame, and the weight of our past.

But we have also been set free for a purpose.

We are free to serve, Free to love, Free to give, Free to represent Jesus.

Do Not Grow Weary

One of the enemy's greatest strategies is discouragement.

He cannot always stop what God is doing, but he will try to make you tired while you are doing it.

He will tell you: It is not making a difference, No one notices, You should give up.

But God sees.

Every prayer matters, Every act of obedience matters, Every sacrifice matters.

Every seed planted in faith matters.

Paul encouraged the church to continue because faithfulness always has a reward.



The Shift God Wants to Make

As we close this seven-day journey, God is calling House of Freedom to shift:

From being blessed to being a blessing.

God blesses us so His goodness can flow through us.

From attending church to being the church.

The Kingdom of God advances through people who are willing to live out their faith.

From waiting for purpose to walking in purpose.

Purpose is not something we find someday.

Purpose begins when we surrender today.

The Journey Continues

The end of this fast is not the end of the journey.

The seven days of prayer and fasting have not been about simply completing a spiritual activity.

They have been about creating space for God to work.

God has been shifting: Our foundation.

Our influence.

Our walk.

Our hope.

Our confidence.

Our discernment.

Our purpose.

But the shift continues, Because God is not finished.

Shift Moment

The greatest evidence of a Godly shift is not just what changes around you—it is what changes through you.

A transformed life becomes a testimony.

A surrendered heart becomes a vessel.

A person walking in freedom becomes a reflection of Christ.



Reflection Questions

1. What has God revealed to me during this fast?
2. What shift has God been calling me to make?
3. How can I use my freedom in Christ to serve others?
4. Where have I grown weary, and where do I need God's strength?
5. What is my next step after this fast?

Prayer

Father,

Thank You for meeting me during these seven days of prayer and fasting. Thank You for every lesson, every conviction, every reminder, and every moment in Your presence.

Continue the work You have started in me.

Help me not to return to old patterns but to walk forward in the freedom and purpose You have given me.

Make House of Freedom a church that reflects Your heart—a people who stand firm, love deeply, serve faithfully, and carry Your presence wherever we go.

Let this Year of SHIFT be more than a theme. Let it become a transformation in our lives, our families, our church, and our community.

Direct our hearts into Your love and establish us in Christ's perseverance.

In Jesus' name,
Amen.

Fasting Focus

Today, dedicate time to thank God for what He has done during this fast.

Ask:

"Lord, what do You want me to continue doing after this fast is complete?"

Write down the commitments and revelations God has placed on your heart.



DAY EIGHT: SHIFT INTO PURPOSE

God Is Preparing Us for What He Has Ahead

Scripture Reading

Jeremiah 17:7-8

“Blessed is the one who trusts in the Lord, whose trust is the Lord. They will be like a tree planted by the water that sends out its roots by the stream.”

Devotional

Every season carries an invitation from God.

Some seasons are seasons of planting.

Some are seasons of growing.

Some are seasons of producing fruit.

But every season has purpose when it is surrendered to God.

A tree does not become strong overnight. It grows through seasons of rain and sunshine, through changing conditions, and through the process of sending its roots deeper.

The strength of a tree is not determined by what is visible above the ground.

Its strength comes from what has been established beneath the surface.

The same is true in our walk with Christ.

God is always working deeper than we can see.

There are moments when He is strengthening our faith.

Moments when He is developing our character.

Moments when He is preparing us for assignments we have not yet stepped into.

The shift God brings is not always immediate movement.

Sometimes the greatest shift happens when God is establishing us.



Planted With Purpose

Jeremiah describes a person who trusts in the Lord as a tree planted by the water.

A planted tree is not easily moved.

It has stability because its roots are connected to the right source.

The question is not simply, "Where am I?"

The deeper question is:

"Am I connected to the One who gives me life?"

When our lives are rooted in Christ, we can walk through changing seasons with confidence.

The environment may change.

The circumstances may change.

The challenges may change.

But our source remains the same.

A New Season Requires a New Perspective

As we complete this fast, we must remember that God is always leading His people forward.

He is not a God who only reminds us of what was.

He is the God who prepares us for what is ahead.

Isaiah 43:18-19 says:

"Forget the former things; do not dwell on the past. See, I am doing a new thing!"

God's new work does not erase our story.

It redeems it.

Every season has taught us something.

Every experience has shaped us.

Every step has brought us closer to His purpose.

But God never intended for us to remain focused only on what has already happened.

There is still more ahead.



The Shift God Is Bringing to House of Freedom

As we move forward in this Year of SHIFT, God is calling us together as a church to become more rooted, more connected, and more purposeful.

A church is not built only by what happens during a service.

It is built through lives that are committed to Christ and committed to one another.

God is forming a people who:

- Grow deeper in faith.
- Serve with willing hearts.
- Encourage one another.
- Carry His presence into the community.
- Live out the freedom found in Jesus.

The next season will require deeper roots.

Because greater fruit requires greater foundation.

Shift Moment

God does not waste seasons. He uses them to prepare us for what He has ahead.

The same God who planted you is the God who will sustain you.

The same God who began the work is faithful to continue it.

Reflection Questions

1. What is God developing in me during this season?
2. Where is God inviting me to grow deeper?
3. Am I focused more on what has been or what God is doing ahead?
4. How can I help strengthen the community God has placed me in?
5. What purpose is God awakening in my life?



Prayer

Father,

Thank You for every season You have walked with me through. Thank You that You are always working, even when I cannot see everything You are doing.

Help me become rooted and established in You. Grow my faith, strengthen my character, and prepare me for the purpose You have placed before me.

As House of Freedom continues through this Year of SHIFT, unite us as one body pursuing You. Teach us to grow together, serve together, and walk forward together in Your plan.

Let this next season bring greater faith, greater love, and greater impact for Your Kingdom.

In Jesus' name,
Amen.

Declaration

I am planted in God's purpose. My roots are growing deeper, my faith is becoming stronger, and my life is bearing fruit for His glory. I trust God with my past, my present, and my future. This is my season to grow, to serve, and to walk forward in His purpose. Amen.

House of Freedom — Year of SHIFT

"He who began a good work in you will carry it on to completion until the day of Christ Jesus."

Philippians 1:6